



## Steps for Making a Video Resume

1. View sample film on [www.ableopps.com](http://www.ableopps.com) > Innovative Accommodations > Video Resume.
  - a. Instruction on how to use iMovie can be found in our shared docs file. We encourage youth to make a silly film first to practice skills. Pick a simple topic, storyboard using post it notes and then create.
  - b. Instructions for how to take good photos, can be found in “How To Take Strong Photos” walk through in shared files.
2. Create title pages for each section of the resume: Intro/Objective, Qualifications, Work Experience, Education, Interests. Create title pages in Word/Pages/Notability/Keynote/PowerPoint, any app that allows you to type and change BG colors.
  - a. Take a screen shot of your finished work of each title page.
  - b. Or write the words neatly on a piece of paper and take a picture using your iPad camera.
  - c. Import title pages into your Video Resume on iMovie. Move them into the right order.
3. Use your paper resume to draft a plan on the video resume worksheet, fill out intro section first. Combine your introduction with your objective.
  - a. Ex) My name is Jennifer White and I want a job in an office setting where I can work hard to support your team.
  - b. Work with a partner: have them video your Intro & Objective within the iMovie App
4. Use placeholders to create a first draft of the full outline for the video resume. Placeholders are media reminders of what to capture over time. Fill out the worksheet, then create placeholders for each section.

- a. Ex) Under Qualifications section, I wrote “Excellent Customer Service Skills. For a placeholder I video myself saying- “take a video of me working answering the phone and greeting customers. Add caption: I have great customer service skills.”
  - b. Ex) Under Work Experience I wrote, Strong office experience. For a placeholder I video myself saying- “take film of me volunteering at the high school office filing. Add caption, I have strong office experience.
  - c. You don’t need a video of you doing every single task, you can be filing while the caption lists all your office skills: filing, answering phones, and prepping packets for meetings.
  - d. Work with a partner: Capture place holders for shots you need for work experience & education.
5. On the Video Resume Worksheet, what did you say about your interests? Go online to research photos representing your interests.
  - a. Ex) Under Interests section, I wrote that I enjoy cooking. Google: “baked chicken” and choose a picture that shows a baked chicken. You would choose a dish you like to cook :)
  - b. Save the photo and Import into your video resume on iMovie. Add caption “I enjoy cooking”.
  - c. Review “Copyright” doc for a visual walk through of what images can be used. Found in our shared file.
6. Work with a partner: Practice your final pitch with contact information.
  - a. Ex) I could be a great fit for your team! Please call me at 206-406-9900. Thank you!
7. Set times every week to support youth to capture the shots they listed on the place holders. Each placeholder should be replaced with content.
8. Play 1st draft of your video resume for your peers. Next set a mock interview with an employer.
  - a. Use feedback session to edit a final version of your video resume!.
9. Upload this version to our HIPAA compliant site, Egnyte.